

Windsor / Essex Community Food Banks

PLEASE NOTE:

Food Bank hours MAY have changed temporarily due to COVID-19:

Please call ahead or go online to confirm hours if you have the ability.

Amherstburg Food and Fellowship Mission

298 Victoria St. South

Amherstburg, ON, N9V 2K5

P: 519-736-9140

E: info@aburgmission.ca

www.aburgmission.ca

Boundaries: Amherstburg Area

Requirements: Proof of Income and ID for all family members (provided monthly)

Hours of Operation

Mon, Wed & Fri

10:00am - 12:00pm

1:00 pm - 3:00 pm

Adventist Community Services

5350 Haig St.

Windsor, ON, N8T 1K8

P: 519-945-2388

Boundaries: No Boundaries

Requirements: ID, income statement, rent receipt required. Access every 60 days.

Hours of Operation

Tuesday 1pm - 4 pm

Community Food Pantry (Lakeshore)

499 Notre Dame St. BOX 885

Belle River, ON, NOR 1A0

P: 519-728-1435

E: info@communitysupportcentre.ca

www.communitysupportcentre.ca

Boundaries: Lakeshore and Tecumseh

Requirements: In office to fill out application and make appointment. Food pick up is on Tues and Thurs. ID, proof of income and all expenses required.

Hours of Operation

Tues & Thurs 9:00am - 12:00 pm

Downtown Mission

664 Victoria Ave.

Windsor, ON, N9A 4N9

P: 519-973-5573

www.downtownmission.com

Boundaries: no boundaries

Requirements: 2 pieces of ID, income statement. Bags are provided first time only, bring reusable bags.

(CONFIRM THIS IN LIGHT OF COVID-19)

Hours of Operation

Tue. to Fri.

10:00 am - 3:00 pm

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Drouillard Place

1102 Drouillard Road

Windsor, ON, N8Y 2R1

P: 519-253-1073

<http://drouillardplace.ca>

Boundaries: Riverside to Tecumseh Road, Laurendeau to Parent

Requirements: Address and Income verification and ID for all household members.

Hours of Operation

Mon - Fri

1:00 pm - 4:00 pm

Essex Area Food Bank

Sun Parlor Junior Public School

492 County Road 8

Essex, ON, N8M 2X7

P: 519-519-800-2340

E: essexareafoodbank@gmail.com

Boundaries: No Boundaries

Requirements: Rent receipts, child tax credits. Every 2 weeks or more if needed.

Hours of Operation

Tues & Thurs

8:30 am - 1:00 pm *except Christmas and March Breaks

Immaculate Heart Food Bank (Parish)

2153 Parkwood Ave

Windsor, ON N8W 2J8

P: 519-997-3107

www.ssvpwindsoressex.com

Hours of Operation

Monday to Friday

9:00 am - 5:00 pm

Parkwood Gospel Temple

3005 Temple Dr.

Windsor, ON, N8W 5E5

P: 519-948-7055

Boundaries: No Boundaries

Requirements: Proof of Income and ID for all family members (provided monthly)

Hours of Operation

Tues & Fri

10:00am - 1:00pmn*Open July & August

Salvation Army - Essex

15 Talbot St. North in Thrift Store

Essex, ON, N8M 1A5

P: 519-776-7887

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E: shirley_bartholomew@can.salvationarmy.org

Boundaries: Essex County

Requirements: ID, Proof of Income and Expenses, number in household.

Hours of Operation

Mon, Wed & Fri

9:00am - 12:00 pm

Salvation Army - Essex

355 Church St.

Windsor, ON, N9A 7G9

P: 519-253-7473519-253-7473

Boundaries: Windsor, LaSalle, Amherstburg and Tecumseh

Requirements: Proof of income, address, and ID for each member of family.

Access every 2 Months, cases assessed individually

Hours of Operation

Monday to Friday 1-4 pm

Salvation Army - Windsor

355 Church St.

Windsor, ON, N9A 7G9

P: 519-253-7473

Boundaries: Windsor, LaSalle, Amherstburg and Tecumseh

Requirements: Proof of income, address, and id for each member of family. Access every 2 months, cases assessed individually

Hours of Operation

Monday to Friday

1pm - 4 pm

Salvation Army Leamington

88 Settrington St.

Leamington, ON, N8H 1T6

P: 519-326-0319

Boundaries: Leamington, Blytheswood and Staples

Requirements: ID, income status and bills paid in last 4 weeks, or bank statement.

Hours of Operation

Monday to Thursday

9:00 am -12:00 pm

By Appointment

The Well-Come Centre for Human Potential

262 Bridge

Windsor, ON, N9B 2M2

P: 519-971-7595

E: info@well-comecentre.ca

www.well-comecentre.com

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Boundaries: West of Crawford, Women Only

Requirements: Access once a month and ID required and income statement

Hours of Operation

Monday and Wednesday

12pm - 3:00 pm

In light of COVID-19,

We are taking the following measures to protect everyone:

- ◊ We will be suspending all in-person services until further notice with exception to our Food Bank (Unifor Local 200 People's Choice Pantry).
- ◊ Food Bank pickups will be provided outside our Food Bank entrance so please dress appropriately as lines may be long.
- ◊ We will continue to assist via email or phone with essential services such as Employment Services, Newcomer Services and Energy Assistance.

Please call **519.944.4900** or email us at uhc@uhc.ca for assistance.

Unemployed Help Centre of Windsor Inc.

6955 Cantelon Dr.

Windsor, ON, N8T 1K8

Food Bank Phone: 519-944-5922

UHC Main Phone: 519-944-4900

E: uhc@uhc.ca

www.uhc.ca

Boundaries: No Boundaries

Requirements: ID for everyone in the family, income and expense statements. Access once a month

Hours of Operation

Monday to Thursday

9:00 am to 11:30 am

12:30 am to 3:30 pm

Fridays

9:00 am to 11:30 am

Windsor Homes Coalition Inc.

900 Howard Avenue

Windsor, ON, N9A 1S5

P: 519-258-4501

Email: info@whci.ca

Boundaries: No Boundaries and no advanced notice required

Requirements: Non tenants once a month, Tenants twice a month. ID and proof of income for all.

Hours of Operation

Monday & Friday

1:30pm to 4pm

Tuesday & Thursday

9:30am to 11:30 am

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Windsor Lifeline Outreach

4490 7th Concession

Windsor, ON, N9A 6J3

P: 519-972-6086

E: info@wlo-online.com

www.wlo-online.com

Boundaries: All of Essex County

Requirements: ID for everyone in the household, income statement, access every two weeks.

Hours of Operation

Monday to Thursday

9am to 12 pm

Wednesday 6:30 pm to 8:30 pm

every 2 weeks.

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FOOD NEEDED AT FOOD BANKS

- Peanut butter
- Jam
- Cereal
- Tuna
- Meat
- Rice and pasta
- Pasta Sauce
- Beans with pork
- Children's snacks
- Juice boxes
- Canned juice
- Cookies
- Crackers
- Bread
- Fresh fruits and vegetables
- Canned fruits and vegetables
- Dried foods
- Macaroni and cheese
- Canned and Dried Soups
- Canned stews
- Baking products
- Canned and non-perishable goods
- Personal Hygiene Products

NEED SUPPORT?

Call 211 for information on the following:

Food Assistance

Job Searching

Assistance with Affordable Housing

Financial Assistance

Credit Counselling

Keep the Heat

Emergency Shelters

Diabetes Wellness

Training for New Comers

Upgrade Education

Gambling Addiction Support

Substance Abuse

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Quit Smoking

Dental Services

Prescription Coverage



KEEP THE HEAT SERVICE SITES

Agency Name	Address	Geographic Area	Phone	Fax
UNEMPLOYED HELP CENTRE	6955 Cantelon Drive Windsor, ON N8T 3J9	Windsor	944-4900	944-9184
UNEMPLOYED HELP CENTRE	612 Notre Dame Belle River, ON N0R 1A0	Belle River	944-4900	728-9055
SOUTH ESSEX COMMUNITY COUNCIL	215 Talbot St. E. Leamington, ON N8H 3X5	Leamington	326-8629	326-1529
	21-313 Main St. E. Kingsville, ON N9Y 1A7	Kingsville	733-5784	
HOUSING INFORMATION SERVICES	3450 Ypres Ave. Suite 200 Windsor, ON N8W 5K9	Windsor Central	254-4824	254-3450
HOUSING INFORMATION SERVICES	2363 Union St. Windsor, ON N9B 3S8	Windsor West	977-5570	977-7821
AMHERSTBURG COMMUNITY SERVICES	179 Victoria St. S Amherstburg, ON N9V 3N5	Amherstburg Harrow LaSalle McGregor	736-5471	736-1391
CAN-AM URBAN NATIVE NON-PROFIT HOMES	180 Tecumseh Rd. E Windsor, ON N8X 2P8	Windsor	977-7782	977-1820