

# Ska:na Family Learning Centre



## GOING VIRTUAL

Live, interactive programming  
for you and your children,  
in the comfort of your own home!



We will start by contacting you either by email or a telephone call. The SFLC EarlyON Advocate or Child Care staff member will be updating your contact information. We will be sending you an invitation and link to join us on:



Download the ZOOM APP at:  
[www.zoom.us/download](http://www.zoom.us/download)

If you have not heard from us, you may register to participate by contacting Ska:na Family Learning Centre by email at: [info@skanaflc.com](mailto:info@skanaflc.com)



For the total interactive experience, you will need: A computer with a webcam and microphone, laptop or tablet and internet access or an updated cell phone with access to data or Wi-Fi, a screen, video cam and microphone (speaker for phone).



### “TENTATIVE SCHEDULE”

TUESDAYS	WEDNESDAYS	THURSDAYS
<p><b>11 am – 12 noon</b> Children’s Programming for <b>ages 0-6 yrs. old</b> Indigenous culture and language in songs, stories, crafts, teachings, etc.</p>	<p><b>11 am – 12 noon</b> Children’s Programming for <b>school age children</b> Indigenous culture and language in songs, stories, crafts, teachings, etc.</p>	<p><b>11 am – 12 noon</b> Children’s Programming for <b>ages 0-6 yrs. old</b> Indigenous culture and language in songs, stories, crafts, teachings, etc.</p>
<p><i>We want to hear from you! Your ideas for programming, crafts you can do at home, and activities that your children might be interested in, are always welcome</i></p>	<p><b>1 pm – 2 pm</b> <b>Parent Talk &amp; Self Care</b> Cooking tips, making easy snacks, sharing recipes, chair yoga, making lotions, guests, networking and sharing</p>	<p><i>We want to hear from you! Your ideas for Parent Talk &amp; Self Care. Suggestions for guest speakers, do-it-yourself ideas, trauma care, parenting or other child related topics</i></p>

